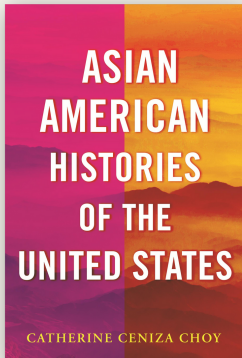




MAY AT BEACON PRESS

Asian American and Pacific Islander Heritage Month



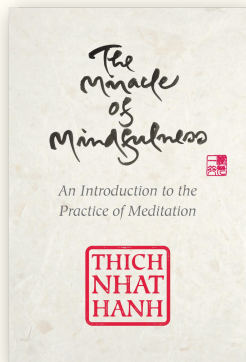
ASIAN AMERICAN HISTORIES OF THE UNITED STATES
— CATHERINE CENIZA CHOY

ISBN: 978-080705079-8
PUBLICATION DATE: 8/2/2022
SIZE: 6 X 9 INCHES (US)
PRICE: \$26.95

An inclusive and landmark history, emphasizing how essential Asian American experiences are to any understanding of US history

FRESH AND INCLUSIVE: Spans nearly two centuries of Asian American history including: Chinese, Japanese, Korean, Filipino, Cambodian, Hmong, Laotian, Thai, Vietnamese, Indian, and Pakistani. Also, adoptees, mixed race undocumented and LGBTQ communities.

PART OF A SUCCESSFUL TRADE SERIES: In award-winning ReVisioning History series which includes *An Indigenous Peoples' History of the United States* by Roxanne Dunbar-Ortiz.



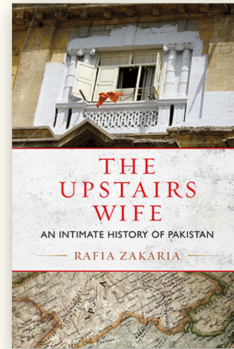
THE MIRACLE OF MINDFULNESS
— THICH NHAT HANH

ISBN: 978-080705909-8
PUBLICATION DATE: 11/1/1993
PAGES: 560
SIZE: 5-3/8 X 8 INCHES (US)
PRICE: \$18.00

The classic guide to meditation and mindfulness, featuring archival photography and beautiful calligraphy by Thich Nhat Hanh

“Thich Nhat Hanh’s ideas for peace, if applied, would build a monument to ecumenism, to world brotherhood, to humanity.”—Martin Luther King Jr.

“One of the best available introductions to the wisdom and beauty of meditation practice.”—*New Age Journal*

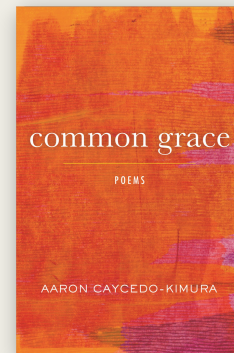


THE UPSTAIRS WIFE: AN INTIMATE HISTORY OF PAKISTAN
— RAFIA ZAKARIA

ISBN: 978-080708046-7
PUBLICATION DATE: 1/5/2016
SIZE: 6 X 9 INCHES (US)
PRICE: \$18.00

A memoir of Karachi through the eyes of its women

Telling the parallel stories of the author's aunt's polygamous marriage and Pakistan's hopes and betrayals, *The Upstairs Wife* is an intimate exploration of the disjunction between exalted dreams and complicated realities.



COMMON GRACE
— AARON CAYCEDO-KIMURA

ISBN: 978-080706490-0
PUBLICATION DATE: 10/25/2016
SIZE: 5.25 X 8 INCHES (US)
PRICE: \$20.00

The first major poetry collection from an award-winning student of Robert Pinsky, exploring the inherited trauma within his Japanese American family, his life as an artist, and his bond with his wife

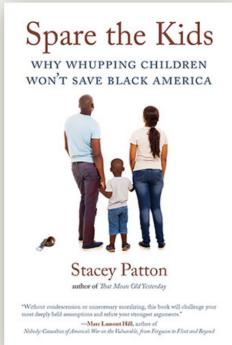
BASED ON AN AWARD-WINNING CHAPBOOK: An earlier version of this book, *Ubasute*, won the Slapering Hol Press Chapbook Competition and was published earlier this year. We will be reaching out to judges who selected Aaron's entry—Jennifer Franklin, Peggy Ellsberg, and Margo Taft Stever—so that they can lend their support to *Common Grace*.

Common Grace is an uncommon book, elegant, at times tough-minded, also moving.”
—Ha Jin, National Book Award-winning author of *Waiting*



MAY AT BEACON PRESS

Mental Health Awareness Month



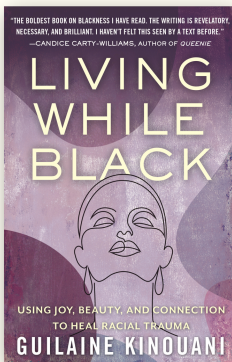
SPARE THE KIDS: WHY WHIPPING CHILDREN WON'T SAVE BLACK AMERICA

– DR. STACEY PATTON

ISBN: 978-080706104-6
PUBLICATION DATE: 3/21/2017
SIZE: 6 X 9 INCHES (US)
PRICE: \$18.00

A challenge to the cultural tradition of corporal punishment in Black homes and its connections to racial violence in America

Weaving together race, religion, history, popular culture, science, policing, psychology, and personal testimonies, Dr. Patton connects what happens at home to what happens in the streets in a way that is thought-provoking, unforgettable, and deeply sobering. *Spare the Kids* is not just a book. It is part of a growing national movement to provide positive, nonviolent discipline practices to those rearing, teaching, and caring for children of color.



LIVING WHILE BLACK

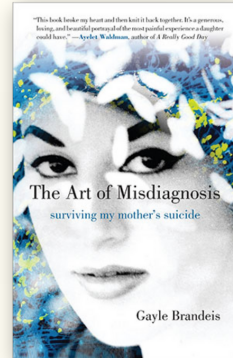
– GUILAINE KINOUANI

ISBN: 978-080705458-1
PUBLICATION DATE: 1/25/2022
SIZE: 5.5 X 8.5 INCHES (US)
PRICE: \$24.95

A powerful look at the impacts of anti-Black racism and a practical guide for overcoming racial trauma through radical self-care as a form of resistance

CRITICAL NEED: An important addition to ongoing anti-racism work and a vital resource for Black readers looking for peace that admits race-based exhaustion.

GLOBAL PERSPECTIVE: Kinouani highlights the diverse experiences of Black people around the world by detailing the effects of anti-Blackness on Black mental health globally.



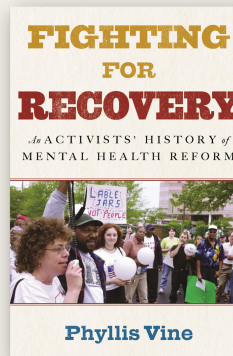
THE ART OF MISDIAGNOSIS: SURVIVING MY MOTHER'S SUICIDE

– GAYLE BRANDEIS

ISBN: 978-080705464-2
PUBLICATION DATE: 10/16/2018
SIZE: 5.5 X 8.5 INCHES (US)
PRICE: \$18.00

Award-winning novelist and poet Gayle Brandeis's wrenching memoir of her complicated family history and her mother's suicide

Gayle's memoir is both a compelling search into the mystery of one's own family and a life-affirming story of the relief discovered through breaking familial and personal silences. Written by a gifted stylist, *The Art of Misdiagnosis* delves into the tangled mysteries of disease, mental illness, and suicide and comes out the other side with grace.



FIGHTING FOR RECOVERY

– PHYLLIS VINE

ISBN: 978-080707961-4
PUBLICATION DATE: 9/20/2022
SIZE: 6 X 9 INCHES (US)
PRICE: \$34.95

An essential history of the recovery movement for people with mental illness, and an inspiring account of how former patients and advocates challenged a flawed system and encouraged mental health activism

RENEWED ATTENTION TO REFORM OF MENTAL HEALTH SERVICES IN THE BIDEN-HARRIS ADMINISTRATION

HOPE FOR FAMILIES: One in four families are related to a person managing a serious mental illness. Because the recovery movement shows that services beyond prescribing and urgent care are required for recovery, and because the social safety net in the US is poor, the information and history about best practices is not readily available to families and patient dealing with a new diagnosis.